



CRUSHCAMP

Hey Teachers + Support Staff!

You work hard to serve others all year, now it's your turn to prioritize your health and wellness!

Looking to build the strength, endurance, and mobility to live your best vibrant + active lifestyle? Want a time efficient yet effective workout?

With three modalities (HIIT, STRENGTH, + YOGA) all under one roof, and 50 group classes a week (mornings, afternoons, and evenings), we've got the class offering for YOU.

Conveniently located in the downtown East Village with all of the amenities you need to freshen up, so you can CRUSH your workout and get on with your day.

All you need to do is show up.



CELEBRATE YOUR HARD WORK WITH:

- 1 x Free Class Credit
- 10% Discount off Memberships/Classpacks
- Meet the Teacher Sweat Social (Fri June 21)



CRUSHCAMP - 530 6TH AVE SE, (403) 455-4880