

ATN NEWSLETTER

Barriers... To *our* outdoors??



DATES OF NOTE FOR NOVEMBER

All Month:

Indigenous Disability Month

Hindu Heritage Month

Lebanese Heritage Month

Transgender Awareness Month

October 31st to November 1st - Samhain

November 1st - All Saints' Day

November 2nd - Día De Los Muertos (Day of the Dead), Transgender Parent(s) Day, All Souls Day

November 5 to 11th - Veterans' Week

November 5th - Guru Nanak Gurpurab, Kartik Purnima

November 7th - International Inuit Day

November 8th - Indigenous Veterans Day, Intersex Solidarity/Remembrance Day

November 11th - Remembrance Day, Lhabab Duchen

November 13 to 19th - Transgender Awareness Week

November 15th to 22nd - Métis Week

November 15th to December 24th - Nativity Fast

November 15th - Roc Your Mocs

November 16th - Louis Riel Day, International Day of Tolerance

November 17th to 21st - Canada History Week

November 17th - International Students' Day

November 19th to 20th - Sigd

November 20th - Transgender Day of Remembrance, National/Universal Children's Day (Theme: #OurRightsOurFuture)

November 21st - World Hello Day

November 22nd - Holodomor Memorial Day

November 24th - Martyrdom of Guru Tegh Bahadur

November 25th to December 10th - 16 Days of Activism Against Gender Violence

November 25th - International Day for the Elimination of Violence Against Women, Day of the Covenant (Bahá'í)

November 27th - Ascension of 'Abdu'l-Bahá (Bahá'í)

November 29th - International Day of Solidarity with the People of Palestine

November 30th - St. Andrew's Feast Day

COMBATTING THE “NATURE GAP” IN WELLNESS

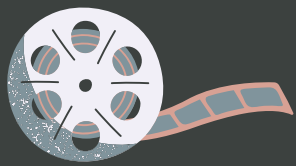
From the desks of the Anti-Racist Teachers' Network:

As wellness becomes the focus for educators, here at the ATN we hit pause to discuss an important concept: the nature gap.

The Nature Gap is the use of racial and economic systems to remove access to wilderness or green spaces to marginalized community groups, tying into ongoing **environmental racism**. Due to this, marginalized community groups, despite having cultural, spiritual or religious connections to the outdoors, experience ongoing negative health outcomes, both physical and mental. Additionally, the legal system continues to be used to perpetuate the nature gap through anti-foraging/hunting/fishing and trespassing laws, along with fees or fines to access these spaces. [Pattie Gonja](#) and [Alexis Nikole \(aka.blackforager\)](#) dive into this topic more concisely in their recent video analyzing [how popular parks uphold these barriers](#) or you can explore [the EcoJusticeProject's article for a longer examination](#). The lack of representation of marginalized communities in nature perpetuates this gap as most books, films or TV shows do not include these community groups... Until recently. For this month's newsletter, it took a lot of investigating, but we come to you with resources that do one of the following things:

- Actively seeks to get BIPOC individuals into nature through community programming
- Features BIPOC individuals in nature in a positive light
- Discusses cultural/spiritual/religious connections to nature to reclaim green spaces

We hope this newsletter helps to reduce the nature gap and possibly inspires you dear reader to get into nature too.

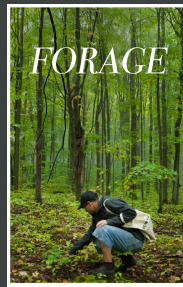


DOCUMENTARY RECCS.

From the ATN!



Kid Rock (2023)



Forage
(2020, docuseries)



Borrowed from Nature
(2020)



Telling Our Story
(2023, docuseries)

COOL STUFF!

- Check out [The Joy Trip Project](#) to explore the positive impacts of making the outdoors more inclusive
- [Colour the Trails](#) continues to host outdoor events for BIPOC individuals to enjoy into November, so check them out for extraordinary outdoor experiences!
- **Nature Canada** provides an examination of [Race and Nature in the City](#) along with recommendations to help racialized youth feel more comfortable in nature
- Tune into [this episode of National Geographic's Overheard](#) to hear more about how Black climbers are closing the Adventure Gap.
- **The Elementary Teachers' Federation of Ontario** has developed a quick blog about how [Culturally Responsive Learning can be used in Outdoor Education](#)
- [Rocky Mountain Adaptive](#) aims to provide individuals with physical or neuro-divergent challenges with opportunities to explore the outdoors
- **Take Me Outside** hosts a [Resource Directory](#) to help connect youth with the outdoors in respectful and decolonial ways (along with hosting a podcast and having a book)
- [Diversify Outdoors](#) is a worldwide organization looking to promote affinity groups in nature and connect outdoor groups globally
- [The Multicultural Trail Network \(MTN\)](#) based here in Mohkinstsis (Calgary) aims to empower youth with access to the outdoors here in Treaty 7
- [Shake Up the Estab](#) is a youth-led climate justice organization focused on protecting and preserving the environment for future generations, we'd like to highlight their [Active Learning Club](#) & [Podcast](#)
- Love a good throwback? Check out [Issue 17 of the Anti-Racist Teachers Network Newsletter](#) for Intersectional Mental Health Supports and [The Forgotten Voices of Remembrance Day Special Edition](#)

OUR MONTHLY BOOK RECCS



From the ATN
Resource Bank!

K-4

It's Time for Berries by Ceporah Mearns & Jeremy Debicki
Returning to the Yakoun River by Sara Florence Davidson & Robert Davidson
Onward: A Photobiography of African-American Polar Explorer Matthew Henson by Dolores Johnson
Dusk Explorers by Lindsay Leslie
Natsumi's Song of Summer by Robert Paul Weston
Wonder Walkers by Micha Archer
Outside, You Notice by Erin Alladin

5-9

The Climbers by Ali Standish
Adrift by Tanya Guerrero
The Last Plastic Straw: A Plastic Problem and Finding Ways to Fix It by Dee Romito
The Wild World Handbook Creatures: How Adventurers, Artists, Scientists-and You-can Protect Earth's Animals by Andrea Debbink

10-12

Been Outside: Adventures of Black Women, Nonbinary, and Gender Nonconforming People in Nature by Amber Wendler & Shaz Zamore
A Constellation of Minor Bears by Jen Ferguson
Monkey Beach by Eden Robinson

For Educators

The Adventure Gap: Changing the Face of the Outdoors by James Edward Mills
Anarcho-Indigenism: Conversations on Land and Freedom edited by Francis Dupuis-Déri and Benjamin Pillet
Spirit Run: A 6,000-Mile Marathon Through North America's Stolen Land by Noé Álvarez



Looking for previous ATN issues?

Find them under

[Antiracist Teacher Network Newsletter](#) here!